

2023 US Marine Corps Junior & 16U Nationals

Information Packet



Camp Objective:

To bring all of Team New Jersey together to train for 3 days. We plan to allow our Coaches the chance to work sessions with their athletes to get to know them; develop rapport, discuss strategies and techniques, and understand their strengths and weaknesses. We aim to provide an environment in which they will receive the best opportunity possible from their Fargo Coaches.



USA
WRESTLING
NEW JERSEY



Fargo Team New Jersey Staff 2023

Administrative Staff

Head Coach

Jeff Buxton* and Ernie Monaco*

Head Women's Coach

Ernie Monaco* and Omar Feliciano*

Head Greco Coach

Mathew S Ciampa (*)

Assistant Greco Coach

Omar Feliciano* (*)**(Team Lead/International Chair)**

Admin/Coach

William Terrell Jr* **(State Chair/Coach)**

Alex Almeyda **(Coaches Chair/Coach)**

Admin

Gary M Brownell (Gimp)

Renee Carbonaro **(Women's Chair)**

Coaching Staff

Coaches

Enrico H. Dellagatta

Dane Tabano*

Vincent J. Leone

Thomas F. Callahan

John VanBrill

Mike Carbonaro

Mario Mason

Gabe Roman

Gino Fluri

Shaina Murray *

Amin Queen *

Jeff Gauthier (*)

Dean Drugac (*)

Joe Pollard

Toby Hague

Glenn Pritzlaff

Ross Gitomer

Ryan Wilson

Michael Foca (*)

Joe Dubuque

Damion Logan

Jason Nase

Cory Cooperman

*Indicates Girl's coach

(*) Indicates Greco

coach



Team New Jersey Fargo Camp Schedule 2023

TCNJ 2000 Pennington Rd. Ewing Township, NJ 08616

Friday June, 30th

- 10:00 AM Coaches meeting
- 11:00 AM Athlete Check in/gear hand out
- 12:30 PM - 2:30 PM Session 1
- 2:30 PM - 4:00 PM Lunch/BREAK
- 4:00 PM - 6:00 PM Session 2

Saturday July, 1st

- 9:00 AM Check in
- 10:00 AM - 12:00 PM Session 1
- 12:00 PM - 2:00 PM Lunch /BREAK
- 2:00 PM - 4:00 PM Session 2

Sunday July, 2nd

- 9:00 AM Check in
- 10:00 AM -12:00 PM Session 1
- 12:00 PM - 2:00 PM Lunch/BREAK
- 2:00 P.M. Review Fargo scheduling and weight maintenance (nutritional break)



Fargo Team New Jersey Camp info

Camp is Mandatory

- Camp Fee is \$150
- Gear Package \$250
- Food will be included, please bring your own water or medications necessary.
- Local Hotels
 - SpringHill Suites Ewing Princeton South
1000 Charles Ewing Blvd,
Ewing, New Jersey, USA, 08628
 - Holiday Inn Princeton, an IHG Hotel
100 Independence Way
Princeton, NJ 08540

*Contact Omar Feliciano for further inquires or request. (973) 715-6481



Team New Jersey Warm up 2023

Benson Bunker

To be determined...



Medical Checks and Weigh ins

Please allow yourself adequate time for weigh-ins

- 16U/Junior Girls: Credentials receive July 13th (outside front left door Fargo Dome) Time TBD
- 16U/Junior Girls: July 14th Medical Checks and Weigh-in 5:00 PM to 6:30 PM
- 16U/JR Boys: Credentials receive July 15th (outside front left door Fargo Dome) Time TBD
- 16U/JR Boys : July 16th Medical Checks and Weigh-in 3:00 PM to 5:00 PM

PLEASE BRING EVENT CREDENTIALS/ ID WITH YOU TO WEIGH-INS. MAKE SURE THE BARCODE IS VISIBLE.



Fargo Schedule 2023

Please see the link below for tournament schedule as information is subject to change

<https://usawrestlingevents.com/event/2300009102/schedule>



What do I need to do ?

Click the link below and complete each ask (Code of conduct, Medical, Bio and Coach)

<https://teamnj.gimpsoftware.com/2023USAWNJFormsCheckoff.php>

How to Qualify?

How to qualify for the

2023 US MARINE CORPS JUNIOR & 16U NATIONALS

FARGO, ND • JULY 15-23, 2023



Automatic Qualifiers:

- Current year 1st – 6th place at USA Wrestling Regionals (in same age and style)
- Current year 1st – 8th place at U15 Nationals (in same style)
- Current year 1st – 8th place at U17 Nationals (in same style)
- Current year 1st – 8th place at U20 Nationals (in same style)
- Previous year 1st – 8th place at Junior Nationals (in same style)
- Previous year 1st – 8th place at 16U Nationals (in same style)
- Previous year age-level World Team member (in same style)

How to qualify for the

2023 US MARINE CORPS JUNIOR & 16U NATIONALS

FARGO, ND • JULY 15-23, 2023



Additional Opportunities to Qualify:

- Current Year 1st – 6th place at Northeast Regions (boys and girls)
May 12-14, Atlantic City, NJ (Harrah's Casino)
- Current Year 1st – 3rd place USAW/NJ Freestyle State Championships (Boys)
May 21, Union, NJ (Union HS)
- Current Year placer USAW/NJ Freestyle State Championships (Girls)
May 21, Union, NJ (Union HS)
 - Bracket of 8+ wrestlers: 1st – 3rd place qualifies
 - Bracket of 4-7 wrestlers: 1st & 2nd place qualify
 - Bracket of 3 or fewer: 1st place, plus top-3 in high school states
- Current Year 1st place in the USAW/NJ Greco States
May 21, Union, NJ (Union HS)



How to Qualify?

How to qualify for the
**2023 US MARINE CORPS
JUNIOR & 16U NATIONALS**
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**Take the next step – registration is open
for qualifying tournaments!**

See links in caption to register

**USAW Northeast Regional
Championships**

May 12-14, Harrah's Casino
Atlantic City, NJ

**USAWNJ State Championships –
includes Women, Freestyle and Greco**

May 21, Union High School
Union, NJ

USAW Northeast Regionals, May 12-14:
<https://usawrestlingevents.com/event/2300008102>

USAWNJ State Championship, May 21:
<https://events.flowrestling.org/.../35c48995.../registration>

FAQ

Q. How will I get to Fargo?

A. You will be responsible for your own transportation and lodging while in Fargo.

Q. How will communications be handled while in Fargo?

A. A group text will be created at Fargo Camp where all communication will originate from. Further updates will also be made on our Official Facebook page: <https://www.facebook.com/USAWRESTLINGNJ>

Q. Is Fargo Camp mandatory?

A. Yes.

Q. Will my food allergy be accommodated during meals at Fargo Camp?

A. Yes, please document the specific allergy on the medical form under the “Other Allergies section”

Q. I have another question, who can I speak to ?

A. Please send all other inquires to Omar Feliciano at Totalwrestling5@aol.com